

*A letter from the Editor:*

Dear Reader,

Welcome to the first issue of *Hanna's Happenings*!

Lately, I've felt the urge to share some of the creative projects that have been keeping my hands (and mind) busy. Thus, my monthly newsletter, *Hanna's Happenings*, is born! Each issue will have a new theme; this one is all about **fiber arts**: embroidery, crocheting, and experimenting with natural dyes.

I love the idea of showing off my finished creations, but also the messy, slow, satisfying process of making things. So this month, I'm featuring a project that's very much a work in progress. This is my actual process, which is much less curated and more intentional than social media makes it seem. I'm excited to have an authentic way of sharing my creative projects with my friends and family, free from notifications or algorithmic pressure.

Think of this as a window into my creative life: imperfect, thoughtful, and a bit self-indulgent. I promise I'll only write about once a month, and I'll gladly leave you alone if you ask me to.

Thank you for reading and taking part in my experiment of slower sharing. I hope it brings a smile, sparks curiosity, or nudges you toward your next creative adventure.

*Please feel free to forward, say hello, or share your own projects.*

With love,

A handwritten signature in black ink that reads "Hanna Clements". The signature is written in a cursive, flowing style with a large, decorative flourish at the end of the name.



**DRAFTING: SPORTS TANK PATTERN**  
I BETA-TESTED MY FIRST SEWING PATTERN



**CASTING ON**  
I'M KNITTING AGAIN!  
WHAT DO YOU THINK I'M MAKING?



**MENDING: PATCHING PANTS**  
I REPAIRED 4 PAIRS WITH IRON-ON PATCHES



**WEAVING ENDS**  
I FINALLY FINISHED THIS CROCHET HAT FROM LAST WINTER

The Fall Fiber Arts Issue

# OCTOBER 2025



## Featured Project Update: 'The Jebel Button Up'

Pattern by [@handmadebyhannalouise](#)

When I saw the pattern for The Jebel Button Up, it went straight to the top of my to-do list. I quickly crocheted a test swatch with some cotton yarn I had on hand, but the small square came out stiffer than I wanted for the

*Salvaged art decouples the human need to create from societal pressure to consume.*

flowy, open-stitch design. I put the project on standby while I looked for a yarn that was better suited for the pattern. That was almost two years ago!

My patience paid off: early this year I found the perfect yarn for only \$3 per ball at the thrift store! I love using thrifted materials in projects, since it's usually *significantly* less expensive than buying new. Plus, it helps divert waste from landfills. The way I see it, salvaged art decouples the human need to create from societal pressure to consume.



The challenge with thrifted materials is finding the right quality and quantity: I most often find single balls or leftover scraps of polyester yarn, and I tend to avoid plastic-based fibers. But in this case, there were thirteen (!) 50g balls of white 100% cotton yarn. Yes, I bought all of them.

The thrifted yarn made a beautiful swatch, so I got started with the main body of the shirt. The back and two front panels came together relatively quickly during the late part of the summer and early fall. This was helped by the fact that I spent a lot of time resting while recovering from injuries.

Earlier this month, I blocked the panels and began the process of seaming the shoulders together. I have quite a bit of finicky finishing work left (seaming the sides, adding sleeves and a collar, and finding the perfect buttons...), but I'm hopeful I'll finish crocheting soon!

## Foray Into Natural Dyeing

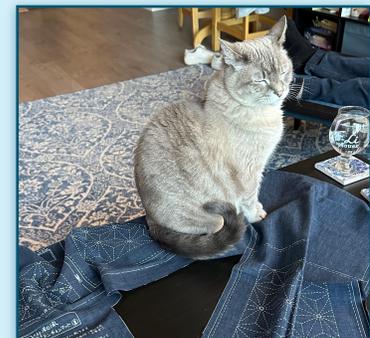
This project won't be finished when the stitching is complete: since my lifestyle is incompatible with white clothing, I've decided to color the completed garment with natural dyes.

I'm spending a lot of time learning about the forageables in Vancouver and searching for plants and fungi useful for dyeing. I have a lot of harvesting ahead of me before I have enough dye for my *Jebel* top! But, I recently observed a few clusters of dyer's polypore mushrooms (*Phaeolus schweinitzii*) on Burnaby Mountain, which dye yellow or green tones.



## Finished Project: Sashiko Place Mats

Made with 100% thrifted materials

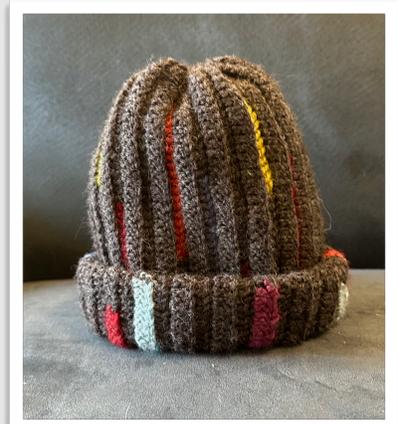


I'm so pleased with the way these Sashiko mats turned out! This was my first time embroidering in Sashiko style. I had fun, but Purple was annoyed I was stitching instead of petting him! Typical. The materials for this project came from a thrifted kit.

## Weaving Ends

I love wool. I love making hats. I love stripes. But I put off finishing this adorable crochet beanie (or *toque*, as they say in Canada) for the longest time because there were just so many ends to weave in...something I seem to forget every time I decide to crochet or knit stripes.

Despite the delay, this toque has been the perfect accessory as we transition into cold, damp fall weather. I used multicolored wool mini skeins and a ribbed pattern that makes for a patchwork, peek-a-boo effect against the charcoal base.



## Mending Climbing Pants with Iron-On Patches

In addition to patching several worn pairs of jeans for Alex, I recently repaired my favorite climbing pants.

**I tore a few holes in them during an awkward slip while climbing at [Sully's Hangout](#) in June.**



Thankfully, my injuries healed quickly, but the pants needed some attention. I used leftover iron-on patches from Alex's jeans to cover the holes around the right pocket. I opted for a bold, visible mend due to the extent and

placement of the fabric damage. Although I'd planned to add more patches, I stopped at four to avoid adding extra bulk since it's a technical garment made of stretch fabric.

I reinforced the adhesive patches with my sewing machine using high-contrast stitching in varying patterns. The repair has held up well: I've worn the pants climbing and hiking again without issue. The bold patch gives them a bit of character and serves as a reminder that wear and tear isn't the end of a good thing.



## Developing a Pattern for a Sporty Tank

I've been dreaming up the perfect sports tank, one with a tailored fit and balanced support. This beta version did **not** live up to my vision!



For my first attempt, I traced a tank from my wardrobe to create a pattern. It was my first time drafting anything, and it turned out better than expected.

There's plenty of room for improvement, so I'm looking forward to trying again once I find the right fabric and refine the design.

